

Phi Delta Chi Alpha Sigma Alumni Association



Volume 17 Issue 8

December 2013

In This Issue

Initiation

PDC Ski Trip

Compounding Corner

PDC Memorial Scholarship

PDC Continuing Education
Fund

Membership Drive

Amy Lodolce Mentorship
Award



"Celebrate the happiness that friends are always giving, make every day a holiday and celebrate just living!"

Amanda Bradley

Happy Holidays



The Alumni Association wishes everyone a wonderful holiday season and a prosperous New Year! For over sixty glorious years, the **Alpha Sigma Chapter** (founded on January 3rd, 1952) has been a leader on the University of Illinois campus. The actives and the chapter's new initiates are very appreciative of our Alumni Association's support. The Alpha Sigma collegiate chapter is one of the largest, most dedicated, and motivated student organizations on the University of Illinois campus. Every year we have given money or donated our time to help support professional and community projects. We appreciate all of the support our membership has given to the Alumni Association. Our success depends upon this support. **Thank YOU!!!** We wish all of our Phi Delta Chi Brothers a great New Year, and we hope to see many of you at PDC sponsored events in 2014!

The ICHP Amy Lodolce Mentorship Award

As most of you are aware, Amy Lodolce was a University of Illinois at Chicago College of Pharmacy faculty member who touched the lives of pharmacy students, residents, and colleagues through her passion for teaching and the profession of pharmacy. Throughout her time at the college, Amy oversaw the training of four PGY2 drug information pharmacy residents, all of whom are currently drug information faculty at various institutions. She worked directly with numerous PGY1 residents and APPE students during their drug information rotations. She also served as a formal mentor to her student advisees, and was the advisor of the Phi Delta Chi pharmacy fraternity for many years. As the Assistant Director of the Drug Information Group, Amy served as an informal mentor to other faculty and was quick to help new faculty become oriented and situated.

Amy approached being a leader and a mentor with an "open door" policy, and would selflessly pause her work to address others' needs. Students, residents, and faculty would ask her for guidance with career decisions and other professional concerns. Amy was respectful and nonjudgmental in her approach when assisting others whose goals and aspirations may have been different from her own. Her dedication was exemplary in that she worked tirelessly to provide residents and students with quality learning opportunities. She led and coached by example, consciously choosing behaviors that she hoped students and residents would emulate. As an active pharmacist member of ICHP, Amy placed emphasis on professional organization involvement and giving back to the profession. On August 31st, 2012, Amy passed away after a long illness, and this award has been created in her memory. Amy's dedication and generosity to the profession of pharmacy have positively shaped many pharmacists' careers, and the memory of her will continue to do so.

For more information regarding this award visit the ICHP web site at:

www.ichpnet.org/membership_about_us/award_winners/amy_lodolce_mentorsh.php

If you wish to become a member of ICHP
Click on the link below
<http://www.ichpnet.org/>



Phi Delta Chi Continuing Education Fund

The Phi Delta Chi - Alpha Sigma Chapter Alumni Association is happy to announce that we have officially teamed up with the University of Illinois Chicago - College of Pharmacy to deliver quality Continuing Education Programs for pharmacists and pharmacy technicians. We hope to be able to provide these CE programs at no cost to those in attendance. As many of you are aware, our alumni association was able to sponsor many CE programs in the past with the help of major pharmaceutical companies and speakers from the College of Pharmacy. The ACPE accredited programs have become costly and "Big Pharma" sponsorship has become almost non-existent.

To kick off our cooperation with the University of Illinois, we will be joining forces with several other sponsors on 4-24-2014. The CE topic will be: **Assessing, Writing and Managing Parenteral Nutrition - A Case Study Approach** (more information in our next newsletter)
This program will be held live at the Chicago campus and via video at the Rockford campus.

At our last chapter meeting the members present discussed the possibilities of creating a **Phi Delta Chi Continuing Education Fund**. After meeting with the Senior Director of Development at the College of Pharmacy, we have decided to proceed with this endeavor. When fully endowed, the earnings generated would be available in the form of a grant to help defer the costs encountered when presenting a CE Program at the UIC College of Pharmacy. All programs and/or materials developed through the use of this FUND shall be so identified. For example, the statement "**Supported by the UIC COP Phi Delta Chi Continuing Education Fund**" shall be included in such identification.

The future endowment process of the Phi Delta Chi "CE Fund" will be a large undertaking. The alumni chapter will be setting up an account with the **University of Illinois Foundation**. We hope that with everyone's help we will reach our endowment goal of \$25,000. More information regarding our newly created educational fund will be included in future issues of the "post-Script".

Alpha Sigma Chapter - Phi Delta Chi Memorial Scholarship

It is the intent of the Alumni Chapter to include the name of Amy Lodolce during the presentation of our Memorial Scholarship this spring. In this way her name will always live on in the hearts of her Phi Delta Chi Fraternity Brothers. The scholarship presented will aid and assist a third year pharmacy student entering the last year of Pharmacy school. For those wishing to donate to the Phi Delta Chi Memorial Scholarship Fund at the University of Illinois, please click on the link below. Then in the box indicated as "other" type in Phi Delta Chi Memorial Scholarship.

All donations are tax deductible.

Thank You.....the PDC Alumni Association!

http://www.uic.edu/pharmacy/alumni/site_redirects/donate_online.php

(NOTE: The first presentation of the Phi Delta Chi Memorial Scholarship took place at the College of Pharmacy, March - 2004)

ABOUT THE ALPHA SIGMA ALUMNI CHAPTER

We are the Alpha Sigma Alumni Chapter of the Phi Delta Chi Pharmacy Fraternity. While we are based primarily out of the University of Illinois at Chicago College of Pharmacy (UICOP) as the Alpha Sigma Collegiate Chapter, we represent a union of all local Phi Delta Chi alumni, graduating from any school, and from any chapter that either works, resides in, or generally enjoys the Chicagoland area.

Our Alumni Chapter was founded on November 10, 1996 with the charge to:

- Promote the overall interests of the pharmacy profession
- Assist graduating Phi Delta Chi brothers in their transition from collegiate to alumni status, by demonstrating that brotherhood does not end with graduation
- Assist the collegiate chapter in their functions and operations as it relates to activities on and off the College of Pharmacy campus
- An ongoing commitment of funding and management of the Phi Delta Chi Memorial Scholarship

Your dues and donations help us to continue funding the PDC Memorial Scholarship Fund, and most of all, help the Collegiate Chapter with travel expenses to National PDC and Professional Meetings.

If you know of any fellow Brothers who are not getting this newsletter, please feel free to pass this newsletter along so we can continue to grow and continue to be the leading Alumni Chapter of Phi Delta Chi!
To all the Brothers that have already joined our alumni chapter, we thank you!!!

Alpha Sigma Alumni Association Membership Form 2013-2014

Name of Alum: _____

Chapter: _____ Year of Graduation: _____

City, State, Zip Code: _____

E-mail: _____ Phone: _____

Area of Pharmacy Practice: _____

Voluntary Donation to the PDC Alumni Association - Alpha Sigma Chapter (enter amount): \$ _____
Yearly dues (June 1st to May 31st) are \$20 per alum.

Dues can be paid by check, money order, and now online at: **Sorry, our WEB page is under repair**

Please make all payments out to: **Phi Delta Chi Alumni Association**
Mail payments to: **Walter Staron - 10620 Grandview Drive - Palos Park, IL. 60464**
Alumni Brothers from all chapters are welcome to join our Alumni Association!

“Brotherhood Night” and “Initiation”



The Alpha Sigma Chapter initiated 58 new active members on Friday, November 15th. Once again we have eclipsed our old record for the number of new initiates to the Alpha Sigma chapter. Congratulations!!! The PDC Alumni welcomes all of our new Brothers to the Phi Delta Chi Fraternity !!



Happy New Year to all ! Drink, have fun but.....DON'T DRIVE.
We want everyone safe and well in 2014.

Drinking alcohol and driving simply do not go together. The human brain has to deal with many things and process countless data all the time. Alcohol affects attentiveness and one's ability to make quick decisions on the road, react to changes in the environment and execute specific, often difficult maneuvers behind the wheel. When drinking alcohol, driving becomes dangerous – and is potentially lethal!

Martin Luther King Weekend PDC Ski Trip — January 17th - 20th



The Collegiate Chapter will once again make the 6 hour drive to the “Northwoods” of Wisconsin. The chapter has been staying at a rather large lake house located on Deer Lake in the sparsely populated town of Winchester. This happens to be the only home located on this small lake but it is a gem of a place. The owner is a gracious host that welcomes the 40 plus PDC students to his Northwood's hideaway during the extended Martin Luther King Weekend. There are several ski resorts located just north of Winchester in the Upper Peninsula of Michigan, making the location ideal for this large group. Not everyone skis or snowboards but those that venture out into the often times frigid weather of the U.P. have a memorable time. If any alumni are interested there are several motels near the ski resorts. For more information please contact Ray Traficante via email at: rtrafica@msn.com

Compounding Corner

Use of a desiccant in compounding

When compounding a drug that is hygroscopic [drug takes up water from the atmosphere], one may need to add a compounding desiccant to make final the preparation. A recent request to compound betahistine 8 mg capsules using pure betahistine HCL powder would require such an additive. The drug will take up water from the atmosphere and become tacky while working with it to make a capsule formulation. Apparently, neither the 8 mg or 16 mg tablets are marketed in the United States for the treatment of Meniere's disease [pressure on the inner ear of unknown origin causing vertigo] and thus, pharmacy was asked to compound similar doses in a capsule formulation. Generally, microcrystalline cellulose, silica gel, or povidone K25 may be used as desiccants [there are others]. Always weigh out the desiccant first and triturate in a glass mortar and then quickly weigh out the drug and add it to the desiccant with trituration until homogeneous. Fill capsules to desired weights, package in a moisture proof container and store under 30°C.

Commercial tablets of betahistine are packaged in PVC plastic bubble packs with aluminum backings to prevent moisture from getting to the tablets. If one has the luxury of using commercial tablets to make capsules of lower dosages, the tableted formulations already contain desiccant materials and one should not have to add more. Still, I would advise using either cellulose or silica gel as the diluent powder to dilute the active drug. [Other drugs that are hygroscopic are: ephedrine sulfate, hydrastine HCl or sulfate, sodium phenobarbital, various salts of physostigmine.]

Have questions about compounding? Feel free to call Brother Ron Koch [708-710-7916].

Alumni Chapter Meeting 3-16-2014

The Alumni Chapter business meeting will be held at Palmer Place Restaurant - 56 South LaGrange Road in LaGrange, IL. **The meeting will begin at 1PM**. We hope to see many members at the meeting! There is plenty of parking available in the parking lot directly behind the restaurant.

